

Classes marked with an asterisk (\*) indicate a class finishing the Fall session



# HOLIDAY BONUS CALENDAR

## DECEMBER 10<sup>TH</sup>, 2018 - JANUARY 20<sup>TH</sup>, 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>December 10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
*8A Low Impact Aqua *9A Yogalates *9A Moovin to Music 11A Basic Yoga *5P Power Hour 6:30P Cycle & Tone	*8:30A Early Tuff Stuff 9:15A Body Weight Burner *9:30A Tuff Stuff 10A Indoor Cycle *10:30A Aquacise *1:15 P Moovin to Music 7P Strictly Body 7:45 P Quick Cycle	8A Low Impact Aqua 8:15A Power Circuit 9A Moovin to Music 9A Yogalates 9A Indoor Cycle 11A Basic Yoga 6P Zumba Strong	9:15A Body Weight Burner 9:30A Tuff Stuff 10A Zumba 10:30A Aquacise 6P Body Weight Burner 6:30P Cycle & Tone	8:30A Mix-it Up Aqua (FREE CLASS!)  11:45A Quick Cycle		9:15 A Strictly Body  10A Cycle & Tone
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
8A Low Impact Aqua *9A Yogalates 9A Moovin to Music 9A Indoor Cycle 11A Basic Yoga 6:30P Indoor Cycle	9:15A Body Weight Burner 10A Indoor Cycle 10A Zumba 7P Strictly Body 7:45P Quick Cycle	8A Low Impact Aqua 8:15A Power Circuit 9A Moovin to Music 9A Yogalates 9A Indoor Cycle 11A Basic Yoga 5P Weight Loss Unan. 6P Zumba Strong	8A Circuit Strength 9:15A Body Weight Burner 10A Zumba 6P Body Weight Burner 6:30P Cycle & Tone	11:45A Quick Cycle		9:15 A Strictly Body  10A Cycle & Tone
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
9A Cycle & Tone 11A Basic Yoga	 <b>No Drop In</b>	11A Basic Yoga 5P Weight Loss Unan. 6P Zumba Strong	8A Circuit Strength 10A Zumba 6P Cycle & Tone	11:45A Quick Cycle		9:15 A Strictly Body  10A Cycle & Tone
<b>31</b>	<b>January 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
9A Indoor Cycle 11A Basic Yoga 5P Weight Loss Unan.	10A Zumba 7P Strictly Body 7:45P Quick Cycle	8A Low Impact Aqua 11A Basic Yoga 5P Weight Loss Unan. 6P Zumba Strong	8A Circuit Strength 9:15A Body Weight Burner 10A Zumba 6P Cycle & Tone 6P Body Weight Burner	8:30A Mix-it Up Aqua  11:45A Quick Cycle		9:15 A Strictly Body  10A Cycle & Tone
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
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<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
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