

# JUNE 2009 GROUP FITNESS SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
9 am Yogalates 10 am Zumba 6 pm Step 'n 7 pm Zumba SST	10 am Boot Camp 5:10 pm Roc Boxing 6 pm Zumba 7 pm Mix-It-Up	9 am Yogalates 10 am Zumba 6 pm Step 'n 7 pm Zumba SST	10 am Boot Camp 5:30 pm Yoga 7 pm Mix-It-Up 8 pm Zumba	9:30 am Just Dance	NO CLASS
8	9	10	11	12	13
9 am Yogalates 10 am Zumba 6 pm Step 'n 7 pm Zumba SST	10 am Boot Camp 5:10 pm Roc Boxing 6 pm Zumba 7 pm Mix-It-Up	9 am Yogalates 10 am Zumba 6 pm Step 'n 7 pm Zumba SST	10 am Boot Camp 5:30 pm Yoga 7 pm Mix-It-Up 8 pm Zumba	9:30 am Just Dance	9:30 am Zumba Basics
15	16	17	18	19	20
9 am Yogalates 7 pm Zumba SST	9 am Boot Camp 5:10 pm Roc Boxing 6 pm Zumba 7 pm Mix-It-Up	9 am Yogalates 7 pm Zumba SST	9 am Boot Camp 5:30 pm Yoga 7 pm Mix-It-Up 8 pm Zumba	9 am Yogalates	9:30 am Zumba Basics
22	23	24	25	26	27
9 am Yogalates 7 pm Zumba SST	9 am Boot Camp 5:10 pm Roc Boxing 6 pm Zumba 7 pm Mix-It-Up	9 am Yogalates 7 pm Zumba SST	9 am Boot Camp 5:30 pm Yoga 7 pm Mix-It-Up 8 pm Zumba	9 am Yogalates	9:30 am Zumba Basics
29	30	<b>Registration - Saturday, June 6, 2009 – NO CLASSES</b>			
9 am Yogalates 7 pm Zumba SST	9 am Boot Camp 5:10 pm Roc Boxing 6 pm Zumba 7 pm Mix-It-Up				