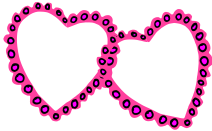




February 2012 - GROUP FITNESS SCHEDULE



CLASS STICKERS WILL BE HANDED OUT 15 MINUTES PRIOR TO CLASS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
	NEW ZUMBA CLASS <i>Thursdays ~ 6PM</i>		900A Yogalates 1000A Zumba 615P Zumba 715P Zumba Toning	930A Winter Workout 600P Zumba 700 P Guts & Butts	930A Core & More	NO CLASS
5	6	7	8	9	10	11
NO CLASS Super Bowl Sunday	900A Yogalates 1000A NO CLASS	930A Winter Workout 530P Yoga 700P Guts & Butts	900A NO CLASS 1000A NO CLASS 615P Zumba 715P NO CLASS	930A Winter Workout 600P Zumba 700 P Guts & Butts	930A Core & More	NO CLASS
12	13	14	15	16	17	18
NO CLASS	900A Yogalates 1000A NO CLASS	930A Winter Workout 530P Yoga 700P Guts & Butts	900A Yogalates 1000A NO CLASS 615P Zumba 715P NO CLASS	930A Winter Workout 600P Zumba 700 P Guts & Butts	930A Core & More	930A Zumba Toning
19	20	21	22	23	24	25
700P Zumba <i>Learning class to add spice to your moves</i>	900A Yogalates 1000A Zumba	930A Winter Workout 530P Yoga 700P Guts & Butts	900A Yogalates 1000A Zumba 615P Zumba 715P Zumba Toning	930A Winter Workout 600P Zumba 700 P Guts & Butts	930A Core & More	930A Zumba Toning
26	27	28	29		NOTE: CLASS LIMITS	
700P Zumba <i>Learning class to add spice to your moves</i>	900A Yogalates 1000A Zumba	930A Winter Workout 530P Yoga 700P Guts & Butts	900A Yogalates 1000A Zumba 615P Zumba 715P Zumba Toning		~ YOGA - 18 ~ ZUMBA - 30 ~ ZUMBA TONING - 24 DROP IN \$6.00	

Schedules also available on-line at ci.lapeer.mi.us/pr_aerobics.htm