



## COED VOLLEYBALL LEAGUE RULES

1. USAVB rules are in effect except as modified by league rules.
2. Matches consist of 5 – 15 point games. Scoring is not Rally Scoring.
3. All matches begin with a score of 4 to 4. Both teams start with 4 points.
4. Winner of coin toss will determine choice of serve or side. This alternates each game.
5. All matches are call-your-own.
6. Unresolved calls should result in a replay.
7. Net serves **will** be allowed. If the ball hits the net in any way on the serve, and it goes over the net, play resumes.
8. At least two male and two female players must be on the court to avoid a forfeit. Teams short of players may use line-ups which include 3 female/2 male, 3 male/2 female, and 4 female/2 male. A line-up may never include 4 male players on the court at one time. Male and female players must alternate positions in the rotation whenever possible. Teams should have six players attending on a regular basis. **SPECIAL NOTE: Only when a line-up includes 3 male and 2 female players, an imaginary female player must be placed in the line-up to prevent a back row male player from hitting in the front row. During the time the imaginary female player rotates across the front row, only two hitters will be available. This does not prevent bringing up a back row player to block according to rule 21. Also, there will be no loss of serve penalty when the imaginary female is in that position.**
9. **Forfeits** will be handled as follows: **At the scheduled game time, the first game will be forfeited. All other games will be forfeited fifteen minutes after scheduled game time.** Teams who need to forfeit prior to game day should contact the scheduled team and the Recreation Department. Forfeits will not be rescheduled
10. Players must have turned in player fees and a signed player waiver to the Recreation Department prior to participating. No substitute players are permitted.
11. Players may be added up to the third contest. After that time, players may be added by special permission of the League Director only.
12. Players are required to sign in at the gym prior to game play. Managers are responsible for recording scores and signing score sheets.
13. A time limit of 1 hour and 5 minutes is in effect for regular scoring. After the time limit, rally scoring will be used for the remainder of the match. In rally scoring there is a point scored on every serve.
14. If the ball is hit more than once by a team, at least one hit must be by a female player.
15. Teams may use the USAVB 10-3 substitution rule or may rotate players every time they side-out serve. The same method must be used for an entire game.
16. Teams playing short may enter their fifth and/or sixth player upon arrival. They must be placed in the fifth and/or sixth spot in the rotation order.
17. There is one time-out per game per team.
18. The ball is out if it contacts the backboard, rims, walls etc. The ceiling, lights, etc. are in play on the team's own side.
19. Players may step over the serving line during a serve only if walls, etc restrict them. Decision must be made between teams prior to game play.
20. The receiving team may not block or attack a serve. This restricts any sharply returned ball played over the net on a serve.
21. Teams may use a back row player to block only if one man is in the front row. Note that all floor positions must remain proper until the serve is taken.
22. Back row players may not block or spike the ball inside the 10' line.
23. Total win/loss record determines league champion.
24. The court supervisor represents the Recreation Department and has authority to enforce league rules and regulations.
25. **Children are not permitted to attend games unless they are directly supervised by a non-participating adult.**
26. No drugs, including alcohol and tobacco, are allowed on the school grounds.
27. No street shoes allowed in gym.
28. Teams must leave gyms and school grounds after games. No players should be in the gym or on the grounds past 10:30 p.m.
29. For game cancellations due to severe weather, call the Parks and Recreation **SPORTS INFORMATION LINE AT 667-7163**, for a recording of game day information, or listen to WMPG 1230 AM or WWGZ 103 FM. The Recreation Department will also try to contact team managers. Managers are responsible for notifying team members. Games cancelled due to weather or gym conflicts will try to be rescheduled.
30. Any deviations from the Recreation Department / Lapeer Community Schools rules and regulations may result in a forfeit and the player(s) and/or team(s) can face possible suspension or ejection from the league.

